



Ellenbrook's Woodlake Childcare Centre

January 2017

News from the Office.

As we start another year, some of the children will be heading off to school we would like to wish all of our children good luck, we hope you will pop in and see us.

If you would like any extra days then please let me know so that we can give you the days you would like. We take children from 6 weeks to 6 years old. We are open from 6.30am – 6.30pm Monday – Friday.

You can find us on Facebook, just type in the centre name Ellenbrook's woodlake child care centre.

ECT

We are in the process of conducting interviews for a Teacher for our Kindy room.

Events for January

Thursday 26th Jan Australia Day

Saturday 28th Jan Chinese new year

The children will have an opportunity to take part in a variety of activities during their time at the centre if they wish to participate.

Safety

Here are some safety tips if you would like more information please go to

<http://raisingchildren.net.au>

Heat and cars

It's true: cars turn into ovens very quickly, even on cool or overcast days. Never leave your child or pet alone in the car, especially in hot weather. The temperature inside a car

on a hot day can rise to dangerous levels very quickly.

Leaving your child alone in a car is not only extremely dangerous, but also **illegal in every state and territory** in Australia. You can be charged and convicted.

Heat facts

- Overheated cars can cause children to suffer rapid dehydration, hyperthermia (**heatstroke**), suffocation and death.
- Winding the window down 5 cm or so has little effect on rising heat.
- The colour of the seats and interior has no effect on rising heat.
- Large cars heat up just as fast as small cars.
- The younger the child, the greater his sensitivity to heatstroke, and the faster he'll dehydrate.

Never leave a child alone in a car. On a hot day, the temperature inside a parked car can be as much as 40°C hotter than it is outside. Even on a day in the mid-20s, the temperature inside a car can soar to dangerous levels within minutes.

Home safety: fire, medicine and water



- Install smoke detectors and safety switches. Have hot water delivered to bathroom taps at 50°C maximum.
- Lock up **medicines** and **household poisons**, including essential oils, matches, lighters and cleaning products.
- Stay within arm's reach and sight of young children in the bath at all times and when kids are near any water.

Policies for review

You can find these policies in the hallway for you to read and give your feedback, please put these in the suggestions box.

This month we reviewed

Child care benefit policy
Grievances & complaints management policy
Educators
Grievances & complaints management policy
Families

Kitchen News

If you would like any of our recipes then please ask a member of staff to copy this for you.

This month we had our Food safety audit which we received an excellent review.

Children's birthdays are very special and we love to celebrate with them, if you would like your child to have a cake you are more than welcome to bring in a packet mix in the original packaging and the children can make them at the centre. This is so we are keeping in line with the food safety guideline and the children love baking.

The children have enjoyed Apricot chicken with rice and vegetables here is our recipe for you to try at home, you can also find this in the foyer.

Apricot Chicken

6-8 cups of boiled rice
3 packets chicken diced
2 onions
6 carrots
2 cups peas
2 cups corn
4 packets French onion soup

Method

Fry chicken and onions until brown, then add all the other veggies.

Mix soup with boiling water then add to the chicken mix.

Add apricot nectar and simmer for 15 minutes.

Add rice simmer for 15 minutes.

Add rice and heat for a further 15 minutes and serve.

We hope you enjoy all of the recipes. If you would like any of our other recipes then please let us know.

Babies room

In the babies room we are exploring different textures within our environment using a sensory box for the children to explore for themselves.

The babies have been doing lots of painting activities for Australia day, balloon painting and fly swat painting.

Dancing, sessions using ribbons. Story time introducing the colours and counting 1,2. Mat time singing our favourite songs, twinkle twinkle, open shut them, if you are happy and you know it, rockabye bear.

If your child's routine changes then please let us know you can either email the centre or speak to a member of staff.

Gordana & Moe Moe

2's Room

Starting our year off, we have been focusing on a number of developmental skills important in this age group.

Socialising and learning pro social behaviour is important with toddlers, as at this age they are just starting the process of learning and understanding behaviours that are acceptable and which are not.

Daily we are encouraging and teaching the children to use their gentle hands and words in a variety of different situations, to take turns and learn sharing behaviours.

At this age, our toddlers are just beginning to develop self-control and start understanding of the effects of their behaviours on others. Biting, smacking snatching and scratching unfortunately occur for a number of reasons such as teething, frustration, excitement and over stimulation, impulsiveness and lack of self-control, exploration and/or to get a reaction.

When any of these situations happen, we let the child know that the behaviour is unacceptable. The child is then re directed and encouraged to use their words. This is an ongoing learning for all of the children. The child and the environment are observed and necessary changes are made if needed to reduce the risk of the behaviour happening again.

Verbal and non-verbal communication is also an important focus for this age, especially as it can assist with all of the children at this age. Empowering our toddlers to say and understand stop I do not like it is also encouraged daily, talking and learning what we use our hands and mouths for and what we don't use them for. Again this is ongoing and continuous as toddlers learn best through repetition.

To also assist in our communication skills we have started practicing and learning our colours, numbers, ABC's and writing our names. Our learning board is up in the back room and the children have started asking to do their names, finding theirs and practicing tracing over their names. This is great for name recognition, learning to hold and use

writing tools correctly and children's sense of belonging and pride.

The tablet (I Pad) is used in our room to look at number, colour, shape and alphabet songs, to assist the children's learning with the above. The Early Years Learning Framework includes the use of technology and media for fun and to make meaning. Since we have had the Tablet in our toddler room we have looked up the noises giraffes and zebras make, thanks to the children that wanted to know, we have had a look all together at the weather symbols for the day, we have looked at different bugs when some of the children were very interested, Australian animals, Christmas stories and songs we can dance to. We will also be using it to learn about our world and our community with relation to our calendar of events

Our favourite use of the tablet is to take photos and videos of our toddlers which they all love looking at. It's very exciting for themselves to see and watch them playing, singing and interacting with each other. This is then also used for observations and planning for our program to extend on the children's interests and learning. And we get to send home some great photos of your children in their portfolios.

We have had a number of our toddlers start toilet training this year, which is very exciting. When your child begins this transition, we understand that this can be a long and sometimes frustrating process. Toilet training, is going to be a little different at day-care, than at home due to the different distractions etc.

When your child is beginning to toilet train, we try to take them to the toilet every half an hour. This is more of lets go sit on the toilet rather than do you want to go to the toilet. With everything going on around them, they don't always make the connection that they need to go to the toilet. However we still can have a lot of accidents during this beginning period, as the children don't go on cue and will quite often have an accident 5-10 minutes after sitting on the toilet. Please don't get disheartened, as time passes your child will get better at making the connection, they will start to say they want to go, and accidents will

get less and less. At this time we will have stopped taking them as much and it will be more of asking them do they need to go to the toilet, so they can make the session to go themselves.

Our toddlers are becoming very independent and we try to encourage that as much as possible, however some children do decide that they don't want to go to the toilet, in these situations we are a little more persuasive about going to the toilet. By helping them to avoid accidents and being positive every time they enter the toilets, regardless of the outcome, they will continue to remain positive about toileting.

Claire, Heather, Debbie & Jayde

3'S Room & Kindy room

We have been focussing a lot on numbers, colours, sounds and shapes using jolly phonics to help us.

The children have shown an interest in counting so we have been focusing a lot on doing different mathematics activities.

The children have really enjoyed exploring Australia and the different types of animals our country has.

If you would like us to include anything in our program then please let us know. You can either email the centre, tell us when you come in or write us a note in our suggestions box.

Cassie, Locky, Kelly

Please speak to a member of staff or see Kim in the office if you would like to discuss anything. We love to hear your feedback positive and negative so we can constantly improve our centre.